

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	2902	Engel, Paul	AMC Obernau	00:47.73		00:47.93		01:35.66	30
2	1010	Kölsch, Tom	AMC Burbach	00:48.97		00:48.43		01:37.40	27
3	4304	Schmal, Tim	AC Hohenseelbachskopf	00:47.21	2	00:46.54	2	01:37.75	24
4	610	Fuchs, Nico	AMC Wittgenstein Bad Berl	00:49.19		00:49.42		01:38.61	22
5	2804	Galbas, Leon Benedikt	MSF Netphen	00:49.34		00:48.03	2	01:39.37	20
6	2810	Huhn, Alexander	MSF Netphen	00:49.04		00:48.71	2	01:39.75	18
7	1018	Stieding, Jason-Jeremy	AMC Burbach	00:49.46		00:50.37		01:39.83	16
8	609	Schaller, Marek	AMC Wittgenstein Bad Berl	00:46.69	4	00:46.27	4	01:40.96	14
9	2903	Glowick, Mats	AMC Obernau	00:50.47	2	00:48.55		01:41.02	13
10	411	Fischer, Tim Luca	MSC Lennetal-Bamenohl	00:50.70	2	00:50.52		01:43.22	12
11	4308	Grunewald, Max	AC Hohenseelbachskopf	00:51.75		00:49.86	2	01:43.61	11
12	402	Fehr, Marc	MSC Lennetal-Bamenohl	00:51.42		00:52.22		01:43.64	10
13	603	Funk, Daniel	AMC Wittgenstein Bad Berl	00:53.71		00:52.27		01:45.98	9
14	2820	Müller, Violetta	MSF Netphen	00:53.25		00:53.93		01:47.18	8
15	4503	Lauer, Merle Kathleen	MSC Süd Sauerland	00:51.55	2	00:51.86	2	01:47.41	7
16	3503	Schmidt, Kevin	MSC Schmallenberg	00:51.77	4	00:51.16	2	01:48.93	6
17	611	Koch, David	AMC Wittgenstein Bad Berl	00:54.38	2	00:52.84		01:49.22	5
18	2819	Müller, Vivien	MSF Netphen	00:55.14	4	00:51.48		01:50.62	4
19	607	Hirschhäuser, Jan Nicklas	AMC Wittgenstein Bad Berl	00:50.49	6	00:52.51	2	01:51.00	3
20	4318	Schlosser, Fabienne	AC Hohenseelbachskopf	00:54.70	2	00:54.35		01:51.05	2
21	1009	Lasota, Julian	AMC Burbach	00:46.73	2	00:55.01	10	01:53.74	1
22	1012	Diener, Dennis	AMC Burbach	00:48.23	2	00:57.93	6	01:54.16	1
23	1008	Murali, Geethan	AMC Burbach	00:49.80	2	00:52.63	10	01:54.43	1
24	1019	Renner, Alan	AMC Burbach	00:49.35	2	00:58.18	6	01:55.53	1
25	602	Adler, Torben	AMC Wittgenstein Bad Berl	00:59.95		00:55.87		01:55.82	1
26	3703	Bunte, Jonas	MSC Oberruhr Velmede	00:54.52	10	00:52.31		01:56.83	1
27	4919	Pieper, Andre	Kiersper RC	00:49.71		01:05.93	4	01:59.64	1
28	3109	Frey, Maximilian	MSC Oenetal	00:55.93	4	01:02.65		02:02.58	1
29	3725	Wirßing, Connor	MSC Oberruhr Velmede	00:57.82	2	01:20.29		02:20.11	1

Zeitnahme: Dominik Land  
Auswertung: Malte Müns

Schnellster Lauf: 00:47.73  
(Engel, Paul - 1 / 2902)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3604	Neuhaus, Alexander	OC Siegerland-Nord	00:38.48		00:36.20		01:14.68	30
2	3411	Springob, Jan-Philipp	Olper AC	00:42.19		00:36.25		01:18.44	27
3	3605	Kallweit, Mika	OC Siegerland-Nord	00:39.19		00:37.84	2	01:19.03	24
4	4314	Klappert, Nico	AC Hohenseelbachkopf	00:42.95	2	00:36.16		01:21.11	22
5	1006	Saar, Lukas	AMC Burbach	00:43.60	2	00:36.53		01:22.13	20
6	4315	PLATE, Sophie	AC Hohenseelbachkopf	00:44.07		00:38.47		01:22.54	18
7	2813	Morbach, Joschua	MSF Netphen	00:44.77	2	00:36.69		01:23.46	16
8	606	Koch, Tanja	AMC Wittgenstein Bad Berl	00:39.16		00:42.32	2	01:23.48	14
9	3619	Schönfelder, Maximilian	OC Siegerland-Nord	00:44.06		00:39.67		01:23.73	13
10	3715	Klein, Marlon-Chayenne	MSC Oberruhr Velmede	00:47.35		00:38.12		01:25.47	12
11	4914	Lo Bello, Frederico	Kiersper RC	00:45.40		00:40.52		01:25.92	11
12	3102	Sauer, Nils	MSC Oenetal	00:47.26	2	00:37.28		01:26.54	10
13	3103	Beckmann, Luca	MSC Oenetal	00:47.29		00:39.62		01:26.91	9
14	3406	Maier, Maik	Olper AC	00:44.62		00:41.49	2	01:28.11	8
15	4505	Korzeniowski, Marc Luca	MSC Süd Sauerland	00:48.83		00:39.35		01:28.18	7
16	401	Lorek, Sebastian	MSC Lennetal-Bamenohl	00:43.43	2	00:41.11	2	01:28.54	6
17	410	Voß, Nico	MSC Lennetal-Bamenohl	00:42.55	2	00:40.64	4	01:29.19	5
18	3107	Schüttler, Niclas	MSC Oenetal	00:46.37	4	00:37.16	2	01:29.53	4
19	1013	Berg, Maximilian	AMC Burbach	00:47.64	2	00:40.08		01:29.72	3
20	3127	Blaschke, Justin	MSC Oenetal	00:49.91		00:41.26		01:31.17	2
21	1014	Oerter, Kira	AMC Burbach	00:48.63	2	00:38.66	2	01:31.29	1
22	3508	Leidorf, Niklas	MSC Schmallenberg	00:45.35		00:42.10	6	01:33.45	1
23	4517	Lauer, Lena-Marie	MSC Süd Sauerland	00:49.20		00:42.48	2	01:33.68	1
24	3522	Birlenbach, Nico	MSC Schmallenberg	00:46.42	6	00:37.59	4	01:34.01	1
25	3606	Piontek, Linda	OC Siegerland-Nord	00:46.79		00:45.98	2	01:34.77	1
26	2816	Fick, Markus	MSF Netphen	00:46.30	12	00:38.45		01:36.75	1
27	4920	Marvin, Schulte	Kiersper RC	00:46.06		00:41.79	10	01:37.85	1
28	1211	Effey, Tobias	MSF Cobbenrode	00:47.82	6	00:39.91	6	01:39.73	1
29	3717	Wirßing, Marlon	MSC Oberruhr Velmede	00:42.15	22	00:40.04	2	01:46.19	1

Zeitnahme: Dominik Land  
Auswertung: Malte Müns

Schnellster Lauf: 00:36.16  
(Klappert, Nico - 4 / 4314)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	4511	Peuser, Shareen	MSC Süd Sauerland	00:34.72		00:33.97		01:08.69	30
2	2808	Müller, Leon	MSF Netphen	00:34.66		00:34.28		01:08.94	27
3	4508	Dumke, Timo	MSC Süd Sauerland	00:34.58		00:34.38		01:08.96	24
4	4516	Maas, Marc-Pascal	MSC Süd Sauerland	00:35.00		00:34.24		01:09.24	22
5	903	Günther, Jannik	Briloner AC	00:34.64		00:34.67		01:09.31	20
6	426	Brandt, Johan	MSC Lennetal-Bamenohl	00:35.07		00:34.95		01:10.02	18
7	1007	Knautz, Jeremy	AMC Burbach	00:34.20		00:34.03	2	01:10.23	16
8	2904	Schelhas, Vera	AMC Obernau	00:34.84		00:35.41		01:10.25	14
9	2806	Piontek, Silas-Andreas	MSF Netphen	00:35.34		00:34.93		01:10.27	13
10	4502	Laux, Fabian	MSC Süd Sauerland	00:35.45		00:34.92		01:10.37	12
11	3123	Bischopink, Alexander	MSC Oenetal	00:35.55		00:34.97		01:10.52	11
12	9003	Scholl, Kevin	MSF Kirchen	00:34.73		00:34.33	2	01:11.06	Gast
13	429	Bamberg, Damian	MSC Lennetal-Bamenohl	00:35.63		00:35.44		01:11.07	10
14	901	Gross, Jan	Briloner AC	00:34.60		00:34.53	2	01:11.13	9
15	3409	Bauer, Maximilian	Olper AC	00:35.97		00:35.22		01:11.19	8
16	1001	Eckhard, Lorenz	AMC Burbach	00:35.74		00:35.47		01:11.21	7
17	3502	Hertel, Philip	MSC Schmallenberg	00:36.09		00:35.28		01:11.37	6
18	604	Kuhmichel, Lea-Marie	AMC Wittgenstein Bad Berl	00:36.54		00:36.06		01:12.60	5
19	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:36.44		00:36.17		01:12.61	4
20	3408	Alba, Sandro	Olper AC	00:35.31		00:35.79	2	01:13.10	3
21	3724	Bunte, Jannik	MSC Oberruhr Velmede	00:37.52		00:35.65		01:13.17	2
22	3616	Häusig, Lukas Marvin	OC Siegerland-Nord	00:36.96		00:36.53		01:13.49	1
23	4916	Fischer, Jacques	Kiersper RC	00:37.19		00:37.05		01:14.24	1
24	4303	Jung, Justin	AC Hohenseelbachkopf	00:35.57	2	00:36.12	2	01:15.69	1
25	2901	Droese, Carlotta	AMC Obernau	00:37.87		00:37.90		01:15.77	1
26	4915	Lo Bello, Francesco	Kiersper RC	00:38.67		00:37.29		01:15.96	1
27	3523	Birlenbach, Florian	MSC Schmallenberg	00:36.66		00:37.61	2	01:16.27	1
28	4901	Billhardt, Dennis	Kiersper RC	00:36.44		00:36.00	4	01:16.44	1
29	3101	Sauer, Lars	MSC Oenetal	00:37.57	2	00:37.15		01:16.72	1
30	4309	Grunewald, Nico	AC Hohenseelbachkopf	00:37.09		00:35.71	4	01:16.80	1
31	4313	Plate, Sven	AC Hohenseelbachkopf	00:37.90	4	00:36.85		01:18.75	1
32	613	Fuchs, Katja	AMC Wittgenstein Bad Berl	00:37.70	2	00:38.56	2	01:20.26	1
33	4906	Müller, Elina	Kiersper RC	00:38.23	2	00:38.23	2	01:20.46	1
34	3108	Babak, Daniel	MSC Oenetal	00:37.81	2	00:38.84	2	01:20.65	1
35	3727	Böckmann, Carlotta Pauline	MSC Oberruhr Velmede	00:36.72	10	00:37.10		01:23.82	1
36	101	Luthardt, Fabian	MSC Altena	00:37.44	12	00:38.58		01:28.02	1

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
37	124	Schüssler, Karl Henrik	MSC Altena	00:48.48	14	00:37.86	6	01:46.34	1

*Zeitnahme: Dominik Land*

*Auswertung: Malte Müns*

*Schnellster Lauf: 00:33.97*

*(Peuser, Shareen - 1 / 4511)*

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	619	Schaller, Manuel	AMC Wittgenstein Bad Berl	00:32.89		00:33.48		01:06.37	30
2	1026	Thanabalasingam, Janujan	AMC Burbach	00:33.37		00:33.61		01:06.98	27
3	605	Fuchs, Maik	AMC Wittgenstein Bad Berl	00:33.83		00:33.98		01:07.81	24
4	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:34.60		00:33.64		01:08.24	22
5	4506	Marques, Fabio	MSC Süd Sauerland	00:34.26		00:34.05		01:08.31	20
6	4509	Laux, Carolin	MSC Süd Sauerland	00:34.31		00:34.02		01:08.33	18
7	425	Schmidt, Andre	MSC Lennetal-Bamenohl	00:34.24		00:34.26		01:08.50	16
8	2922	Heupel, Franziska	AMC Obernau	00:34.10		00:34.44		01:08.54	14
9	3611	Neuhaus, Ann-Christine	OC Siegerland-Nord	00:34.67		00:35.18		01:09.85	13
10	1032	Schon, Rouven	AMC Burbach	00:34.28		00:33.70	2	01:09.98	12
11	3122	Pott, Niklas	MSC Oenetal	00:35.24		00:34.77		01:10.01	11
12	4507	Marques, Julio	MSC Süd Sauerland	00:33.90		00:34.26	2	01:10.16	10
13	4904	Kohls, Maurice	Kiersper RC	00:35.01		00:35.21		01:10.22	9
14	3512	Mache, Brian	MSC Schmallingenberg	00:35.37		00:35.25		01:10.62	8
15	1015	Kretzer, Alicia	AMC Burbach	00:35.17		00:35.61		01:10.78	7
16	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:33.66		00:33.53	4	01:11.19	6
17	3410	Schneider, Tim	Olper AC	00:35.26	2	00:35.01		01:12.27	5
18	3116	Oster, Steffen	MSC Oenetal	00:35.24		00:36.04	2	01:13.28	4
19	4907	Müller, Stefan	Kiersper RC	00:34.90	2	00:34.38	2	01:13.28	3
20	4305	Kring, Dean-Mario	AC Hohenseelbachskopf	00:34.48	2	00:37.43		01:13.91	2
21	105	Busch-Rösner, Joshua	MSC Altena	00:36.95		00:36.63	2	01:15.58	1
22	2803	Jagic, Mario	MSF Netphen	00:37.81		00:36.83	2	01:16.64	1
23	3602	Bierbaum, Tim	OC Siegerland-Nord	00:37.11	2	00:37.58		01:16.69	1
24	3402	Halbe, Jeremias	Olper AC	00:36.57	4	00:36.24		01:16.81	1
25	2818	Fick, Alexander	MSF Netphen	00:36.44	2	00:36.38	2	01:16.82	1
26	405	Wilmes, André	MSC Lennetal-Bamenohl	00:37.79	2	00:37.61		01:17.40	1
27	3513	Paoletti, Gianni	MSC Schmallingenberg	00:38.10	2	00:37.50		01:17.60	1
28	110	Knecht, Patrick	MSC Altena	00:37.46	4	00:37.00		01:18.46	1
29	4317	Reber, Nico	AC Hohenseelbachskopf	00:37.79	8	00:36.01	2	01:23.80	1

Zeitnahme: Dominik Land  
Auswertung: Malte Müns

Schnellster Lauf: 00:32.89  
(Schaller, Manuel - 1 / 619)

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3707	Hötte, Tobias	MSC Oberruhr Velmede	00:33.80		00:33.70		01:07.50	30
2	3125	Andrzejewski, Lars	MSC Oenetal	00:34.03		00:33.92		01:07.95	27
3	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berl	00:34.25		00:34.00		01:08.25	24
4	1027	Thanabalasingam, Sinthujan	AMC Burbach	00:34.36		00:33.91		01:08.27	22
5	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:33.90		00:34.48		01:08.38	20
6	3609	Tiebe, Oliver	OC Siegerland-Nord	00:34.34		00:34.09		01:08.43	18
7	3114	Hoffmann, René	MSC Oenetal	00:34.19		00:34.71		01:08.90	16
8	625	Stockmann, Daniel	AMC Wittgenstein Bad Berl	00:34.22		00:34.83		01:09.05	14
9	3421	Siscaro, Giuseppe	Olper AC	00:33.63	2	00:33.58		01:09.21	13
10	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:34.57		00:34.91		01:09.48	12
11	4513	Dumke, Patricia	MSC Süd Sauerland	00:34.09	2	00:33.48		01:09.57	11
12	4311	Puche, Michelle	AC Hohenseelbachkopf	00:34.76		00:35.00		01:09.76	10
13	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:34.71		00:35.08		01:09.79	9
14	2809	Schäffer, Julian	MSF Netphen	00:33.33	2	00:34.48		01:09.81	8
15	3614	Wiebelhaus, Christian	OC Siegerland-Nord	00:35.03		00:34.85		01:09.88	7
16	624	Stockmann, Corinna	AMC Wittgenstein Bad Berl	00:34.76		00:35.19		01:09.95	6
17	4504	Hanisch, Julian	MSC Süd Sauerland	00:34.33		00:33.81	2	01:10.14	5
18	3407	Grabert, Peter	Olper AC	00:34.87		00:35.69		01:10.56	4
19	3529	Leidorf, Fabian	MSC Schmalleberg	00:34.28	4	00:34.59	2	01:14.87	3

Zeitnahme: Dominik Land

Auswertung: Malte Müns

Schnellster Lauf: 00:33.48

(Dumke, Patricia - 11 / 4513)

Platz	Ortsclub	Starter	gewertet	Punkte
1	AMC Wittgenstein Bad Berleburg	96 Schaller, Manuel (30) Fuchs, Maik (24) Fuchs, Nico (22) Schaller, Marek (14) Biegler, Jens (6)	76	30
2	MSC Süd Sauerland	89 Peuser, Shareen (30) Dumke, Timo (24) Marques, Fabio (20) Marques, Julio (10) Hanisch, Julian (5)	74	27
3	OC Siegerland-Nord	86 Neuhaus, Alexander (30) Kallweit, Mika (24) Tiebe, Oliver (18) Neuhaus, Ann-Christine (13) Häusig, Lukas Marvin (1)	72	24
4	AMC Burbach	88 Thanabalasingam, Janujan (27) Thanabalasingam, Sinthujan (22) Saar, Lukas (20) Schon, Rouven (12) Eckhard, Lorenz (7)	69	22
5	MSF Netphen	82 Müller, Leon (27) Huhn, Alexander (18) Morbach, Joschua (16) Piontek, Silas-Andreas (13) Schäffer, Julian (8)	61	20
6	AMC Obernau	72 Engel, Paul (30) Schelhas, Vera (14) Heupel, Franziska (14) Glowick, Mats (13) Droese, Carlotta (1)	58	18
7	MSC Lennetal-Bamenohl	76 Rademacher, Tobias (22) Brandt, Johan (18) Schmidt, Andre (16) Fehr, Marc (10) Bamberg, Damian (10)	56	16
8	MSC Oenetal	68 Andrzejewski, Lars (27) Hoffmann, René (16) Bischopink, Alexander (11) Sauer, Nils (10) Schüttler, Niclas (4)	54	14
9	MSC Oberruhr Velmede	54 Hötte, Tobias (30) Klein, Marlon-Chayenne (12) Mc Bride, Jan (9) Bunte, Jannik (2) Bunte, Jonas (1)	51	13
10	Olper AC	57 Springob, Jan-Philipp (27) Siscaro, Giuseppe (13) Bauer, Maximilian (8) Schneider, Tim (5) Grabert, Peter (4)	48	12
11	AC Hohenseelbachskopf	44 Klappert, Nico (22) PLATE, Sophie (18) Kring, Dean-Mario (2) Jung, Justin (1) Reber, Nico (1)	42	11
12	Briloner AC	29 Günther, Jannik (20) Gross, Jan (9) , (0) , (0) , (0)	29	10
13	MSC Schmalleberg	24 Mache, Brian (8) Schmidt, Kevin (6) Hertel, Philip (6) Leidorf, Fabian (3) Birlenbach, Nico (1)	20	9
14	Kiersper RC	7 Müller, Stefan (3) Pieper, Andre (1) Marvin, Schulte (1) Fischer, Jacques (1) Billhardt, Dennis (1)	5	8
15	MSF Cobbenrode	1 Effey, Tobias (1) , (0) , (0) , (0) , (0)	1	7